

CURRICULUM VITAE
RACHEL A. PRUCHNO, PH.D.
University Professor
Endowed Professor of Gerontology

ADDRESS

New Jersey Institute for Successful Aging
Rowan University School of Osteopathic Medicine
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EDUCATION

- B.A. Michigan State University, 1976 (High Honor)
E. Lansing, Michigan
Psychology
- M.A. Oakland University, 1979
Rochester, Michigan
Developmental Psychology
Thesis Title: Social networks of the elderly: an exchange analysis
- Ph.D. Pennsylvania State University, 1982
State College, Pennsylvania
Human Development and Family Studies
Dissertation Title: Social timing of life events and well-being: The case of retirement

UNIVERSITY APPOINTMENTS

- 7/04-current Director of Research
New Jersey Institute for Successful Aging
Endowed Professor (Full, with Tenure) of Gerontology
Rowan University SOM (previously UMDNJ – SOM)
Stratford, NJ

6/01-6/04 Director, Initiatives on Aging
Boston College
Chestnut Hill, MA

6/00- 6/01 Director, Center for Work & Family
Boston College
Chestnut Hill, MA

9/98-6/00 Research Professor
Center for Child, Family, & Community Partnerships
Boston College
Chestnut Hill, MA

1/96-8/98 Director
Center on Aging, Bradley University
Peoria, IL

OTHER PROFESSIONAL POSITIONS

9/91-12/95 Director of Research
Menorah Park Center for the Aging
Beachwood, OH

7/89-8/91 Associate Director of Research
Philadelphia Geriatric Center
Philadelphia, PA

7/87-7/89 Assistant Director of Research
Philadelphia Geriatric Center
Philadelphia, PA

9/84-7/87 Senior Research Psychologist
Philadelphia Geriatric Center
Philadelphia, PA

9/81-9/84 Research Associate
Stein Gerontological Institute
Miami Jewish Home & Hospital for the Aged
Miami, FL

Adjunct Professor – Sociology Department, Boston College (2000-2004)

Adjunct Professor – Developmental Psychology, Lynch School of Education, Boston College
(1998-2004)

Adjunct Professor – Gerontology, University of Massachusetts Boston (1999-2002)

Adjunct Professor – Psychology, Bradley University (1997-1998)

Adjunct Associate Professor – Sociology, Case Western Reserve University (1991-1995)

Adjunct Professor – Individual and Family Studies, Pennsylvania State University (1987-1995)

Adjunct Professor – Department of Psychiatry, Medical College of Pennsylvania (1987-1991)

AWARDS AND HONORS

New Jersey Health Foundation Excellence in Research Award (2015)

National Institute on Aging Fellowship (1980-1981)

Administration on Aging Traineeship (1978-1979)

Phi Beta Kappa

Delta Kappa

Omicron Nu

Alpha Lambda Delta

MAJOR COMMITTEE ASSIGNMENTS

NATIONAL AND REGIONAL

Canadian Study on Health and Aging, Member, Policy Advisory Committee (11/90-12/93)

Adult Foster Care, Senior Citizens United Community Services, Consultant Evaluator (1/90-12/93)

SCHOOL

University Committees

Rowan University SOM (Previously UMDNJ-SOM)

Institutional Review Board (member, 2004-current)

Research Committee (member, 2004-2008; 2010-current)

Boston College

Methodology Committee (member, 2000-2001)

Responsible Conduct for Research Committee (member, 2001-2004)

IRB (Chair, 2002-2004)

Bradley University

Student Research Awards Committee (member, 1996-1998)

Dissertation Committees

Aaron Ogletree (2017). Virginia Tech.

Hema Kannan Gandhi (2012) "Alzheimer's Disease caregiver quality of life and impact on nursing home placement: A longitudinal study." UMDNJ School of Public Health.

Maureen Wilson (1999). "Longitudinal models of social supports and physical health in adulthood and later life." Boston College, School of Psychology.

Sheryl L. Potashnik (1988). "Spouse caregiving: The impact of stressors and perceptions on well-being." University of Michigan, School of Urban, Technological, and Environmental Planning.

Mentorship

Summer 2016

Jacqueline Lasker, Pennsylvania State University (Undergraduate Intern)
David Leong, Rowan SOM student (SMRF Program)
Rebecca Lopes, Rowan SOM student (SMRF Program)
Sana Rashid, Rowan SOM student (SMRF Program)
Erica Rabinovich, Rowan SOM student (SMRF Program)
Puja Patel, Rowan SOM student (SMRF Program)
Dhyani Patel, Rowan SOM student (SMRF Program)

2015-2016

Andrew Gerber, Rowan University
Stefan Gillen, Rowan SOM student (OHF)
David Kim, Rowan SOM student (OHF)

Summer 2015

Christopher Carey, Saint Joseph's University (Graduate Intern)
Ommul Ali, Rowan SOM student (SMRF Program)
Yevgeniy Polunin, Rowan SOM student (SMRF Program)
Aashiki Shah, Rowan SOM student (SMRF Program)
Nicole Sica, Rowan SOM student (SMRF Program)

Summer 2013

Izza Mir, Rowan University SOM student
Kevin Campos, Rutgers University (PREP)

Summer 2012

Catherine Sharp, Rutgers University (PREP)

Summer 2011

Mariam Keita, Rutgers University (PREP)
Sarah Jane Hahn, Miami University of Ohio

Summer 2009

Carla Parra, Rutgers University (PREP)

Summer 2008

Gadis Garcia, Rutgers University (PREP)

2004-2005

Christine Ferri, Ph.D. (Psychology Fellow)
Kenson Noel, DMS (Dental Fellow)
Vinita Magoon, UMDNJ SOM student

Than Lin, UMDNJ SOM student
Leann Zielinski, UMDNJ SOM student

Editorial Boards

The Gerontologist (Editor-in-Chief, 2011-2018)

International Journal of Aging & Human Development (2000-current)

Journal of Gerontology: Psychological Sciences (2000-current)

National Grant Review Panels, Study Sections, Committees

Ad hoc reviewer, Fellowship (F) March 2017

Ad hoc reviewer, SPIP, February 2017

Ad hoc reviewer, SPIP, June 2016

Ad hoc reviewer, Fellowship (F) November 2016

Ad hoc reviewer, Fellowship (F) March 2016

Ad hoc reviewer, SPIP, February 2015

Reviewer, R15 applications, June 2013

Reviewer, R15 applications, October 2012

Reviewer, NINR Program Projects (P20 and P30), June 2012

Reviewer and Co-Chair, PCORI, February 2012

Ad hoc reviewer, CIHB, October 2011

Ad hoc reviewer, SPIP, June 2011

Ad hoc reviewer, SPIP, February 2011

Ad hoc reviewer, NINR Initial Review Group (NRRC). Review of Fellowship (F) and Career (C) awards. June 2011

Reviewer, CSR Transforming Primary Care Practice (R18), March 2010.

Reviewer, Special Emphasis Panel for SPIP, March 2010.

Ad hoc reviewer, NINR Initial Review Group (NRRC). Review of Fellowship (F) and Career (C) awards. February, 2010

Ad hoc reviewer, Agency for Healthcare Research and Quality (AHRQ). American Recovery & Reinvestment Act Limited Competition (ARRA): Building Sustainable Community-linked Infrastructure to Enable Health Science Research (RC4), March 2010.

Ad hoc reviewer, NINR Initial Review Group (NRRC). Review of Fellowship (F) and Career (C) awards. June, 2008

Member, NINR review group "Nursing Science Research on Interventions in Chronic Illness" (P01). March, 2008

National Institutes of Health, Center for Scientific Review – Member, Social Psychology, Personality, and Interpersonal Processes (SPIP) Study Section (2005-2009)

National Institute of Mental Health - Member, Mental Disorders of Aging (MDA) Study Section (1994-1998)

MEMBERSHIPS, OFFICES, AND COMMITTEE ASSIGNMENTS IN PROFESSIONAL SOCIETIES

Gerontological Society of America

- Member (1978)
- Fellow (1992)
- Fellowship Committee (2002-2004)
- Publication subcommittee (charged with identifying Editor, Journal of Gerontology: Psychological Sciences 2007)

American Psychological Association

- Member (1978)
- Fellow (1997)
- Chair Continuing Education (1989-90)
- Chair Student Awards (1990-91)
- Member-at-Large (1990-92)
- Program Chair, Division 20, 1993 Annual Meeting

National Council on Family Relations, Member (1982)

MAJOR RESEARCH INTERESTS

Family caregiving, marital dyads, successful aging, longitudinal designs, neighborhood effects on health, multiple chronic conditions

GRANT HISTORY**Ongoing Projects**

The Effects of Hurricane Sandy on Functional Limitation Trajectories of Older People (1R01AG046463-01)

Principal Investigator. Funded by National Institute on Aging (NIA) 06/01/14-05/31/19

Total Cost: \$2,817,439 (direct cost: \$1,889,471)

Completed Projects

Health Consequences of Disaster-Related Disruptions in Home and Community-Based Supports (HITEP150028-01-00)

Principal Investigator. Funded by Assistant Secretary for Preparedness & Response (ASPR) 02/15/15-02/14/17

Total Cost: \$268,527 (direct cost: \$237,500)

Couples-Based Intervention for Patients with Type 2 Diabetes and Their Spouses

Principal Investigator. Funded by Rowan University Internal Grant Funding Opportunity (RWJ) 07/01/14-12/31/15

Total Cost: \$100,000 (direct cost: \$100,000)

Social Capital and Resilience of Older People Exposed to Hurricane Sandy (1HITEP130008-01-00)

Principal Investigator. Funded by Assistant Secretary for Preparedness & Response (ASPR) 09/30/13-09/29/15

Total Cost: \$681,289 (direct cost: \$449,546)

Ongoing Research on Aging in New Jersey: Bettering Opportunities for Wellness in Life (ORANJ BOWL)

Principal Investigator. Funded by UMDNJ-SOM, 2004-2008

Total Cost: \$2,830,000 (direct cost: \$2,830,000)

End of Life Preferences & Outcomes: Patients & Spouses (R01 NR 005237)

Principal Investigator. Funded by NINR, 2000-2008

Total Cost: \$2,859,041 (direct cost: \$1,930,170)

Work-Family Conflicts of Older Women (R01 AG 020695)

Principal Investigator. Funded by NIA, 2004-2008

Total Cost: \$756,856 (direct cost: \$487,795)

Engaging Overweight and Obese Elderly People in Exercise Programs: Strength Training vs. Cardiovascular Exercise

Principal Investigator. Funded by UMDNJ Foundation, 2006

Total Cost: \$25,000 (direct cost: \$25,000)

A Pilot Randomized Controlled Trial of Tai Chi and Low-Impact Exercise for Older People

Principal Investigator. Funded by UMDNJ-SOM, 2005-2006

Total Cost: \$125,000 (direct cost: \$125,000)

The Science and Ethics of Aging Well (R13 AG020144)
Principal Investigator. Funded by NIA, 2002-2004
Total Cost: \$105,000 (direct cost: \$105,000)

Developmentally Disabled Adults: Black and White Families (R01 HD 035282)
Principal Investigator. Funded by NICHD, 1997-2001
Total Cost: \$1,798,180 (direct cost: \$1,269,815)

Psychological Well-being of Co-resident Grandparents (R01 AG 11041)
Principal Investigator. Funded by NIA, 1995-1998
Total Cost: \$993,331 (direct cost: \$742,689)

Assisted Living: Physical, Emotional, and Social Effects
Principal Investigator. Funded by Retirement Research Foundation, a gift from David Myers,
and Menorah Park operating fund, 1994-1997
Total Cost: \$351,720 (direct cost: \$351,720)

Field Testing Competence in Long-Term Care
Principal Investigator. Funded by the Cleveland Foundation, 1993-1994
Total Cost: \$25,000 (direct cost: \$25,000)

Chronically Disabled Adults: Mental Health of Caregivers (R01 MH 046849)
Principal Investigator. Funded by NIMH, 1992-1995
Total Cost: \$983,389 (direct cost: \$702,421)

Caregiving Families: Methodological Advances (P01 MH 43371)
Principal Investigator. Funded by NIMH, 1988-1993
Total Cost: \$668,139 (direct cost: \$445,426)

Institutionalization of a Parent: Mental Health Effects (R01 MH 41504)
Principal Investigator. Funded by NIMH, 1986-1989
Total Cost: \$789,234 (direct cost: \$526,156)

Caring for Demented Spouses: Crisis vs. Adaptation (R01 MH 40480)
Principal Investigator. Funded by NIMH, 1984-1987
Total Cost: \$591,421 (direct cost: \$394,281)

Health and Functioning of Relocated Long-term Care Aged (R01 AG 04068)
Principal Investigator. Funded by NIA, 1983-1986
Total Cost: \$403,681 (direct cost: \$230,675)

CONFERENCES ORGANIZED

The Science and Ethics of Aging Well: End of Life

- March 17-18, 2003
- Boston College
- Sponsored by the NIA

- Invited 25 speakers, promoted attendance of 100 participants, and coordinated all conference activities

The Science and Ethics of Aging Well: Public Policy and Responsibility Across the Generations

- March 15-16, 2004
- Boston College
- Sponsored by the NIA
- Invited 25 speakers, promoted attendance of 100 participants, and coordinated all conference activities
 - Outcome of 2 conferences: Pruchno, R.A., & Smyer, M.A. (Eds.) (2007). Challenges of an aging society: Ethical dilemmas, political issues. Johns Hopkins University Press, Baltimore, MD

Panel and Database Initiative at UMDNJ-SOM

- September 26-27, 2005
- Cherry Hill, New Jersey
- Selected and invited 35 professionals to discuss and advise staff about the development of ORANJ BOWL database. Issues included study design, measurement, and procedures
 - Outcome: Questionnaire developed and administered to 5,688 persons aged 50-74 living in New Jersey

INVITED CONFERENCES AND KEYNOTE ADDRESSES

“The Inside Scoop: Achieving Success in Publishing in a Gerontology Journal,” Miami, FL, March 11, 2017.

“Do’s and Don’ts of Publishing” Gerontological Society, New Orleans, November 16, 2016.

“Publish or Perish: Tips to Survive” IAGG-ER VIII Congress, Dublin Ireland, April 25, 2015.

“Publishing from Two Perspectives” In L. Ferrucci (Chair), *How to publish*. Gerontological Society. Washington, DC. November 6, 2014.

“Writing for publication” Mentoring Institute, Hartford National Center on Gerontological Excellence, Washington, DC, November 5, 2014.

“Writing for Publication in GSA Journals: Increasing the Odds” 6th International Social & Applied Gerontology Symposium. Antalya, Turkey. October 16, 2014.

“Successful Aging: How Neighborhoods Can Help Older People and Their Families Thrive,” Benjamin Rose Institute on Aging, Cleveland, OH, December 6, 2013.

“In What Ways and Why Does Where Matter?” Invited Lecture, Division 20, American Psychological Association. Honolulu, Hawaii. July 31, 2013.

“Rejection: It’s Not (Always) The End of the World” Visiting Scholars Program, Fordham University, April 19, 2013

“How to Publish” GSA Pre-Conference Workshop, San Diego, CA, November 2012.

“Successful Aging: The Public Policy Imperative.” Stockton Center on Successful Aging, Galloway, NJ, April 13, 2010.

“Healthy and Successful Aging” (Cleveland, OH). Funded by NIH (R13). Organized by Leonard Poon, Ph.D. August 12-14, 2012

“Successful Aging: The Public Policy Imperative” Center for Mental Health & Aging, University of Massachusetts, Boston, MA, November 9, 2009.

“Successful Aging: The Public Policy Imperative” Center for Mental Health & Aging University of Alabama, Tuscaloosa, AL, October 7, 2009.

“The ORANJ BOWL Research Program: A Powerful and Innovative Resource for Science”, Stockton Center on Successful Aging, Galloway, NJ, March 13, 2008.

BOOKS, BOOK CHAPTERS, AND BOOK REVIEWS

Pruchno, R. (2016). Crossing lines and asking questions at the end of life [Review of the books *Being Mortal: Medicine and What Matters in the End* and *Ordinary Medicine: Extraordinary Treatments, Longer Lives, and Where to Draw the Line*]. *The Gerontologist*. Published online March 1, 2016 doi: 10.1093/geront/gnw040

Pruchno, R. (2014). Surrounded By Madness: A Memoir of Mental Illness and Family Secrets. Dog Ear, Indianapolis, IN.

Pruchno, R.A., & Gitlin, L.N. (2012). Family caregiving in later life: Shifting paradigms. In R. Blieszner & V. H. Bedford (Eds.), *Handbook on Families and Aging* (pp. 515-541). Santa Barbara, CA: Praeger.

Pruchno, R.A., & Smyer, M.A. (Eds.). (2007). *Challenges of an aging society: Ethical dilemmas, political issues*. Baltimore, MD: Johns Hopkins University Press.

Pruchno, R.A., & McKenney, D. (2005). Grandmothers raising grandchildren: The effects of work disruptions on current work hours and income. In B. Hayslip Jr., & J. H. Patrick (Eds.). *Custodial grandparenting: Individual, cultural, and ethnic diversity* (pp. 3-20). New York, NY: Springer.

Pruchno, R.A. & Rosenbaum, J. (2003). Social relationships in adulthood and old age. In R.M. Lerner, M.A. Easterbrooks, & J. Mistry (Eds.), *Handbook of Psychology* (pp. 487-509). Hoboken, NJ: John Wiley & Sons, Inc.

Pruchno, R., Litchfield, L., & Fried, M. (2000). *Measuring the Impact of Workplace Flexibility*. Chestnut Hill, MA: Boston College Center for Work and Family.

Pruchno, R.A., Peters, N.D., & Burant, C.J. (1996). Child life events, parent-child disagreements, and parent well-being: Model development and testing. In C.D. Ryff & M.M.

Seltzer (Eds.). *The Parental Experience in Midlife* (pp. 561-606). Chicago, IL: University of Chicago.

Pruchno, R.A. (1995). The role of the family in clinical geropsychology. B.G. Knight, L. Teri, P. Wohlford, & J. Santos (Eds.). *Mental Health Services For Older Adults: Implications For Training And Practice In Geropsychology* (pp. 85-92). Washington, DC: American Psychological Association.

Pruchno, R.A. (1995). Review: Long term care, an annotated bibliography. T.H. Koff & K.M. Bursac (Eds.). *Contemporary Gerontology*, 2(3), 107. Westport, CT: Greenwood Press.

Pruchno, R.A. (1994). Studying caregiving families: Theoretical and methodological challenges. In Light, E., Niederehe, G. & Lebowitz, B.D. (Eds.). *Stress effects on family caregivers of Alzheimer's patients: Research and Interventions* (pp. 333-350). New York, NY: Springer.

Pruchno, R.A. & Lawton, M.P. (1991). Gerontology. In C.E. Walker (Ed.), *Clinical Psychology: Historical and Research Foundations* (pp. 361-392). New York, NY: Springer.

Faletti, M.V., Gibbs, J.M., Clark, M.C., Pruchno, R.A., & Berman, E.A. (1989). Longitudinal course of bereavement in older adults. In D. Lund (Ed.), *Older bereaved spouses: Research with practical applications* (pp. 37-51). New York, NY: Hemisphere Publishing.

Pruchno, R.A. (1989). Alzheimer's disease and families: Methodological advances. In E. Light and B. Lebowitz (Eds.). *Alzheimer's Disease Treatment and Family Stress: Directions for Research*. US Government Printing Office.

Pruchno, R.A., Boswell, P.C., Wolff, D.S., & Faletti, M.V. (1983). A community mental health program: Evaluating outcomes. In M.A. Smyer & M. Gatz (Eds.), *Mental health and aging: Programs and evaluations* (pp. 41-61). Beverly Hills, CA: Sage.

PEER-REVIEWED PUBLICATIONS

Heid, A.R., Gerber, A.R., Gillen, S., Kim, D.S., Schug, S., & Pruchno, R. (*under review*). Timing of onset and self-management of multiple chronic health conditions: A lifespan perspective. *Psychology & Health*.

Wilson-Genderson, M., Heid, A.R., & Pruchno, R. (*under review*). Onset of multiple chronic conditions and depressive symptoms. *Journal of Gerontology: Medical Sciences*.

Wilson-Genderson, M., Pruchno, R., & Heid, A. R. (2017). Modeling successful aging over time in the context of a disaster. *The Journals of Gerontology: Series B*, 72(2), 328-339. doi:10.1093/geronb/gbw127

Heid, A. R., Schug, S., Cartwright, F. P., & Pruchno, R. A. (2017). Challenges faced and support received: Older adults' perceptions of Hurricane Sandy. *Disaster Medicine and Public Health Preparedness*, 11, 39-47. doi: 10.1017/dmp.2016.133

Pruchno, R., Heid, A. R., & Wilson-Genderson, M. (2016). The Great Recession, life events, and mental health of older adults. *International Journal of Aging and Human Development*. Published online October 4, 2016. doi: 10.1177/0091415016671722

Cromley, E.K., Wilson-Genderson, M., Heid, A.R., & Pruchno, R.A. (2016). Spatial associations of multiple chronic conditions among older adults. *Journal of Applied Gerontology*. Published online October 2, 2016 doi: 10.1177/0733464816672044

Heid, A.R., Pruchno, R., Cartwright, F.P. & Wilson-Genderson, M. (2016). Exposure to Hurricane Sandy, neighborhood collective efficacy, and post-traumatic stress symptoms in older adults. *Aging & Mental Health*, 21(7), 742-750. doi: 10.1080/13607863.2016.1154016

Christman, Z., Pruchno, R., Cromley, E., Wilson-Genderson, M., & Mir, I. (2016). A spatial analysis of body mass index and neighborhood factors in community-dwelling older men and women. *International Journal of Aging and Human Development*, 83(1), 3-25.

Pruchno, R.A., Wilson-Genderson, M., & Heid, A.R. (2016). Multiple chronic condition combinations and depression in community-dwelling older adults. *The Journals of Gerontology Series A: Biological Sciences and Medical Sciences*, 71(7), 910-915.

Heid, A.R., Christman, Z., Pruchno, R. Cartwright, F.P., & Wilson-Genderson, M. (2016). Vulnerable, but why? Post-traumatic stress symptoms in older adults exposed to Hurricane Sandy. *Disaster Medicine and Public Health*, 10(3), 362-370.

Wilson-Genderson, M. & Pruchno, R. (2015). Functional limitations and gender differences: Neighborhood effects. *International Journal of Aging and Human Development*, 81(1-2), 83-100.

Pruchno, R., Heid, A.R., & Wilson-Genderson, M. (2015). Resilience and successful aging: Aligning complementary constructs using a life course approach. *Psychological Inquiry*, 26(2), 200-207.

Cromley, E.K., Wilson-Genderson, M., Christman, Z., & Pruchno, R.A. (2015). Colocation of older adults with successful aging based on objective and subjective measures. *Applied Geography*, 56, 13-20.

Pruchno, R.A., & Wilson-Genderson, M. (2015). A Longitudinal examination of the effects of early influences and midlife characteristics on successful aging. *The Journals of Gerontology, Series B Psychological Sciences and Social Sciences*, 70(6), 850-859.

Pruchno, R., Wilson-Genderson, M., & Gupta, A.K. (2014). Neighborhood food environment and obesity in community-dwelling older adults: Individual and neighborhood effects. *American Journal of Public Health*, 104(5), 924-929.

Wilson-Genderson, M., & Pruchno, R. (2013). Effects of neighborhood violence and perceptions of neighborhood safety on depressive symptoms of older adults. *Social Science & Medicine*, 85, 43-49.

Pruchno, R. & Wilson-Genderson, M. (2012). Adherence to clusters of health behaviors and successful aging. *Journal of Aging and Health*, 24(8), 1279-1297.

- Cromley, E.K., Wilson-Genderson, M., & Pruchno, R.A. (2012). Neighborhood characteristics and depressive symptoms of older people: Local spatial analyses. *Social Science & Medicine*, 75(12), 2307-2316.
- Pruchno, R., Hahn, S., & Wilson-Genderson, M. (2012). Cigarette smokers, never-smokers, and transitions: Implications for successful aging. *International Journal of Aging and Human Development*, 74(3), 193-209.
- Pruchno, R.A., Wilson-Genderson, M. & Cartwright, F.P. (2012). The texture of neighborhoods and disability among older adults. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 67B(1), 89-98.
- Gordon, J.R., Pruchno, R.A., Wilson-Genderson, M., Murphy, W.M., & Rose, M. (2011). Balancing caregiving and work: Role conflict and role strain dynamics. *Journal of Family Issues*, 33(5), 662-689.
- Pruchno, R.A. Wilson-Genderson, M. & Cartwright, F. (2010). A two-factor model of successful aging. *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences*, 65B(6), 671-679.
- Pruchno, R.A., Wilson-Genderson, M., Rose, M., & Cartwright, F. (2010). Successful aging: Early influences and contemporary characteristics. *The Gerontologist*, 50(6), 821-833.
- Wilson-Genderson, M., Pruchno, R.A., & Cartwright, F.P. (2009). Effects of caregiver burden and satisfaction on affect of older end-stage renal disease patients and their spouses. *Psychology & Aging*, 24(4), 955-967.
- Pruchno, R.A., Cartwright, F.P., & Wilson-Genderson, M. (2009). Effects of marital closeness on the transition from caregiving to widowhood. *Aging & Mental Health*, 13(6), 808-817.
- Ferri, C.V. & Pruchno, R.A. (2009). Quality of life in end-stage renal disease patient: Differences in patient and spouse perceptions. *Aging & Mental Health*, 13(9), 706-709.
- Ferri, C.V., Gottesman, I., Pruchno, R.A. (2009). Successful aging: Definitions and subjective assessment according to older adults. *Clinical Gerontologist*, 32(4), 379-388.
- Pruchno, R., Cartwright, F.P., & Wilson-Genderson, M. (2009). The effects of race on patient preferences and spouse substituted judgments. *Aging & Human Development*, 69(1), 31-54.
- Pruchno, R., Wilson-Genderson, M., & Cartwright, F.P. (2009). Depressive symptoms and marital satisfaction in the context of chronic disease: A longitudinal dyadic analysis. *Journal of Family Psychology*, 23(4), 573-584.
- Pruchno, R., Wilson-Genderson, M., & Cartwright, F. (2009). Self-rated health and depressive symptoms in patients with end-stage renal disease and their spouses: A longitudinal dyadic analysis of late-life marriages. *Journal of Gerontology: Psychological Sciences*, 64B(2), 212-221.

- Pruchno, R.A., Brill, J.E., Shands, Y., Gordon, J.R., Wilson Genderson, M., Rose, M., & Cartwright, F. (2008). Convenience samples and caregiving research: How generalizable are the findings? *The Gerontologist*, 48(6), 820-827.
- Pruchno, R.A., Rovine, M.J., Cartwright, F., & Wilson-Genderson, M. (2008). Stability and change in patient preferences and spouse substituted judgments regarding dialysis continuation. *Journal of Gerontology: Social Sciences*, 63B(2), S81-S91.
- Frye, B., Scheinthal, S., Kemarskaya, T., & Pruchno, R. (2007). Tai chi and low impact exercise effects on the physical functioning and psychological well-being of older people. *Journal of Applied Gerontology*, 26(5), 433-453.
- Lemay, E.P., Pruchno, R.A., & Feild, L. (2006). Accuracy and bias in perceptions of spouses' life-sustaining medical treatment preferences. *Journal of Applied Social Psychology*, 36(10), 2337-2361.
- Feild, L., Pruchno, R.A., Bewley, J., Lemay, E.P., & Levinsky, N.G. (2006). Using probability vs. non-probability sampling to identify hard-to-access participants for health-related research: Costs and contrasts. *Journal of Aging & Health*, 18(4), 565-583.
- Pruchno, R.A., Lemay, E.P., Feild, L., & Levinsky, N.G. (2006). Predictors of patient treatment preferences and spouse substituted judgments: The case of dialysis continuation. *Medical Decision Making*, 26(2), 112-121.
- Pruchno, R.A., Lemay, E.P., Feild, L., & Levinsky, N.G. (2005). Spouse as health care proxy for dialysis patients: Whose preferences matter? *The Gerontologist*, 45(6), 812-819.
- Pruchno, R.A. & Meeks, S. (2004). Health-related stress, affect, and depressive symptoms experienced by caregiving mothers of adults with a developmental disability. *Psychology and Aging*, 19(3), 394-401.
- Pruchno, R.A. & McMullen, W.F. (2004). Patterns of service utilization by adults with a developmental disability: Type of service makes a difference. *American Journal on Mental Retardation*, 109(5), 362-378.
- Pruchno, R.A. (2003). Enmeshed lives: Adult children with developmental disabilities and their aging mothers. *Psychology and Aging*, 18(4), 851-857.
- Pruchno, R.A. & McKenney, D. (2002). Psychological well-being of black and white grandmothers raising grandchildren: Examination of a two-factor model. *Journals of Gerontology Series B: Psychological Sciences and Social Sciences*, 57(5), P444-452.
- Pruchno, R.A. & Rose, M.S. (2002). Time use by frail older people in different care settings. *Journal of Applied Gerontology*, 21(1), 5-23.
- Miltiades, H.B. & Pruchno, R. (2002). The effect of religious coping on caregiving appraisals of mothers of adults with developmental disabilities. *The Gerontologist*, 42(1), 82-91.
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Pruchno, R.A. & Smyer, M.A. (1983). Mental health problems and aging: A short quiz. *International Journal of Aging and Human Development*, 17(2), 123-140.

PRESENTATIONS AT SCIENTIFIC MEETINGS

Pruchno, R. (2017). The inside scoop: Achieving success in publishing in a gerontology journal. AGHE, Miami, FL

Wilson-Genderson, M., Pruchno, R., & Heid, A. (2016) Modeling successful aging over time in the context of a disaster. Gerontological Society, New Orleans, LA.

Sands, L., Xie, Y., Pruchno, R., Heid, A., & Wilson-Genderson, M. (2016). Self-reports of distress and fear from Hurricane Sandy predict health care utilization a year later. Gerontological Society, New Orleans, LA.

- Ogletree, A., Blieszner, R., Pruchno, R. & Sands, L. (2016). Life events, public and private religious practices, and depression in the second half of life. Gerontological Society, New Orleans, LA.
- Pruchno, R. (2016). "Aging – It's Personal: End of Life." Gerontological Society, New Orleans, LA.
- Pruchno, R. (2016). "Aging – It's Personal: Life Experiences." Gerontological Society, New Orleans, LA.
- Pruchno, R. (2016). "Aging – It's Personal: Caregiving." Gerontological Society, New Orleans, LA.
- Heid, A. & Pruchno, R. (2015). Timing of onset and progression of multiple chronic conditions of older adults. Gerontological Society. Orlando, FL.
- Wilson-Genderson, M. & Pruchno, R. (2015). Onset of chronic health conditions: Associations with depressive symptoms. Gerontological Society. Orlando, FL.
- Cartwright, F., Heid, A., & Pruchno, R. (2015). Older adults' perceptions of their resilience to Hurricane Sandy. Gerontological Society. Orlando, FL.
- Heid, A., Pruchno, R., Christman, Z., & Cartwright, F. (2015). Who is vulnerable? Post-traumatic stress symptoms in older adults exposed to Hurricane Sandy. Gerontological Society. Orlando, FL.
- Pruchno, R. (2015). Publish or Perish: Tips to Survive. IAGG-ER VIII Congress. Dublin, Ireland.
- Pruchno, R. & Wilson-Genderson, M. (2014). Effects of early influences and midlife characteristics on successful aging. Gerontological Society. Washington, DC.
- Pruchno, R., & Wilson-Genderson, M. (2014). Diabetes in community-dwelling older adults: Individual and neighborhood effects. Gerontological Society. Washington, DC.
- Wilson-Genderson, M., Pruchno, R., & Gupta, A. (2013). Area food stores and obesity in community dwelling older adults: Individual and neighborhood effects. Gerontological Society, New Orleans, LA.
- Pruchno, R., Wilson-Genderson, M., & Christman, Z. (2013). Localized clustering of obesity in community dwelling older adults: A spatial analysis. Gerontological Society, New Orleans, LA.
- Pruchno, R. (2012). Caregiving research: Past, present, & future ("Honoring the contributions of Elaine Brody: "Women in the Middle" revisited). Gerontological Society. San Diego, CA.
- Pruchno, R. & Wilson-Genderson, M. (2012). Adherence to clusters of health behaviors and successful aging. Gerontological Society. San Diego, CA.
- Pruchno, R. (2012). Public health implications of healthy & successful aging: Looking back and thinking forward. (Fellowship Committee) Gerontological Society. San Diego, CA.

Pruchno, R. (2011). *Lawton's legacy: Defining objective environments*. Gerontological Society. Boston, MA.

Wilson-Genderson, M., & Pruchno, R. (2011). *Social advantage and health behaviors of older adults: Modeling individual and neighborhood effects*. Gerontological Society. Boston, MA.

Pruchno, R., Wilson-Genderson, M., & Cartwright, F.P. (2010). *How neighborhood influences health: Unraveling complex relationships*. Gerontological Society. New Orleans, LA.

Pruchno, R., Wilson-Genderson, M., & Cartwright, F.P. (2010). *The texture of neighborhoods: A conceptual and empirical model*. Gerontological Society. New Orleans, LA.

Pruchno, R. (2010). *When life gives you lemons, make lemonade*. American Psychological Association. San Diego, CA.

Pruchno, R., Cartwright, F.P., Rose, M., & Wilson-Genderson, M. (2009). *Effects of neighborhood SES on functional abilities: Testing the environmental docility hypothesis*. Gerontological Society. Atlanta, GA.

Pruchno, R., Wilson-Genderson, M., Cartwright, F., & Rose, M. (2009). *Beyond individuals: Effects of neighborhoods on obesity*. Gerontological Society. Atlanta, GA.

Pruchno, R., Rose, M., Wilson-Genderson, M., & Cartwright, F.P. (2009). *Successful aging: In the eye of the beholder or not?* Gerontological Society. Atlanta, GA.

Pruchno, R., Brill, J., & Shands, Y. (2009). *Using listed telephone households to generate representative samples of rare older adult populations*. Gerontological Society. Atlanta, GA.

Pruchno, R., Cartwright, F.P., & Brill, J.E. (2008). *Capturing that youthful feeling during retirement: The roles of behaviors in three activity domains*. Gerontological Society. National Harbor, MD.

Pruchno, R., Rose, M., Wilson-Genderson, M., & Brill, J.E. (2008). *In sickness and in health: Perceptions of successful aging*. Gerontological Society. National Harbor, MD.

Wilson-Genderson, M., Cartwright, F.P., & Pruchno, R. (2008). *Structure and performance of the dyadic adjustment scale in a sample of couples coping with chronic illness*. Gerontological Society. National Harbor, MD.

Ferri, C., Brill, J., & Pruchno, R. (2008). *Psychosocial advantage in older adult volunteers*. Gerontological Society. National Harbor, MD.

Bookwala, J., & Pruchno, R. (2008). *Caregiving burden, marital quality and depressive symptoms in older adults caring for a spouse with end-stage renal disease (ESRD)*. Gerontological Society. National Harbor, MD.

Wilson-Genderson, M., Pruchno, R., & Cartwright, F.P. (2008). *Depressive symptoms and marital satisfaction in the context of chronic disease: A longitudinal dyadic analysis*. Gerontological Society. National Harbor, MD.

Pruchno, R., Cartwright, F.P., & Wilson-Genderson, M. (2008). The effects of marital closeness on the transition from caregiving to bereavement. Gerontological Society. National Harbor, MD.

Pruchno, R., Brill, J., Gordon, J., Shands, Y., & Rose, M. (2007). How much do we really know about caregivers? The effects of sampling strategies on findings. Gerontological Society. San Francisco, CA.

Pruchno, R., Brill, J., & Shands. (2007). An evolving data repository for longitudinal research on aging: From concept to reality. Symposium presented at the Gerontological Society. San Francisco, CA.

Frye, B., Pruchno, R., & Chamberlain, B. (2007). What exercise program is best for elderly overweight and obese women? Strength training vs. cardiovascular training. Gerontological Society. San Francisco, CA.

Cartwright, F., & Pruchno, R. (2007). Leisure time activities of older adults: Effects on cognitive age. Gerontological Society. San Francisco, CA.

Bookwala, J., Pasternak, C., & Pruchno, R. (2007). The concurrent and prospective role of marital quality in spouses' caregiving burden and benefits in the context of end-stage-renal disease. Gerontological Society. San Francisco, CA.

Wilson-Genderson, M., Cartwright, F., & Pruchno, R. (2007). Longitudinal dyadic examination of the relationship between caregiver burden and satisfaction and both patient and spouse depression. Gerontological Society. San Francisco, CA.

Pruchno, R., Wilson-Genderson, M., & Cartwright, F. (2007). Patterns of patient and spouse depressive symptoms over time: A dyadic approach. Gerontological Society. San Francisco, CA.

Brill, J., Shands, Y., & Pruchno, R. (2007). Exploring the value of listed household vs. RDD telephone samples for research among older adult populations: The case of working women caregivers. Gerontological Society. San Francisco, CA.

Pruchno, R.A. & McConaughy, R. (2006) Preferences for Treatment: Understanding Stability and Change. Gerontological Society. Dallas, TX.

Bookwala, J. & Pruchno, R. (2006) Spousal Concordance on Affect in Older Couples Dealing with End-Stage Renal Disease. Gerontological Society. Dallas, TX.

Cartwright, F., & Pruchno, R. (2006). Patient and Spouse Preferences for Dialysis Continuation: Does Race Matter? Gerontological Society. Dallas, TX.

Ferri, C. & Pruchno, R. (2006). Quality of Life of Couples Coping with ESRD. Gerontological Society. Dallas, TX.

Frye, B., Lin, T., Cavalieri, M., Scheinthal, S., Kemerskya, T., Brill, J., & Pruchno, R. (2006). Tai Chi and Low Impact Exercise Improve Psychological Outcomes in the Elderly. Gerontological Society. Dallas, TX.

Frye, B., Lin, T., Cavalieri, M., Scheinthal, S., Kemerskya, T., & Pruchno, R. (2006). Tai chi and Low Impact Exercise Reduce Functional Limitations in the Elderly. American Osteopathic Association. Las Vegas, NE.

Lemay, E., Feild, L., Levinsky, N., & Pruchno, R. (2004). Bias and Accuracy in Perceiving Marriage Partners: The Life or Death Consequences. Gerontological Society. Washington, DC.

Lemay, E., Pruchno, R., Levinsky, N., & Feild, L. (2004). Predictors of patient preferences and surrogate perceptions: Implications for the inaccuracy of substituted judgment. Gerontological Society. Washington, DC.

Field, L., Pruchno, R., Levinsky, N., & Lemay, E. (2004). Spouse as health care proxy for patients on dialysis: Whose preferences matter? Gerontological Society. Washington, DC.

Feild, L., Pruchno, R., Kunovich, S., & Bewley, J. (2003). Creative recruitment strategies for identifying hard-to-locate respondents. Gerontological Society. San Diego, CA.

Kunovich, S., & Pruchno, R. (2003). Grandmothers raising grandchildren: Balancing work and caregiving responsibilities. Gerontological Society. San Diego, CA.

Pruchno, R.A. & Meeks, S. (2002). Stress, positive and negative affect, and depression in caregiving mothers of adults with a developmental disability. Gerontological Society. Boston, MA.

Conway, S., Miltiades, H.B., Pruchno, R.A., & Rosenbaum, J.A. (2001). Formal service utilization and need of mothers of adult children with a developmental disability: Predictors and Outcomes. Gerontological Society. Chicago, IL.

Miltiades, H.B. & Pruchno, R. (2001). Effects of formal, familial, and spiritual resources on well-being of mothers of adults with developmental disability. Gerontological Society. Chicago, IL.

Rosenbaum, J.A., Pruchno, R.A., Miltiades, H.B., & Conway, S. (2001). The effects of positive and negative social exchanges on the well-being of mothers of adult children with developmental disabilities. Gerontological Society. Chicago, IL.

Pruchno, R.A. (2001). Enmeshed lives: Adult children with developmental disabilities and their aging mothers. Gerontological Society. Chicago, IL.

Pruchno, R.A. & McKenney, D.E. (1999). Physical health of African American and White grandmothers raising grandchildren. Gerontological Society. San Francisco, CA.

Pruchno, R. A. & Patrick, J.H. (1998). Grandmothers raising grandchildren: Experiences of black and white families. Gerontological Society. Philadelphia, PA.

Rose, M.S., & Pruchno, R. A. (1998). Residents' and family members' expectations and satisfaction in assisted living. Gerontological Society. Philadelphia, PA.

Patrick, J.H. & Pruchno, R. (1997). The factor structure of a measure of expressed emotion in diagnostically diverse caregiving samples. Gerontological Society. Cincinnati, OH.

- Rose, M. & Pruchno, R. (1997). Observations of interactions between residents and staff in assisted living and nursing home settings. Gerontological Society. Cincinnati, OH.
- Pruchno, R. (1996). Residents of assisted living facilities: How do they fare? Gerontological Society. Washington, DC.
- Patrick, J., Pruchno, R., & Mays, D. (1996). Heterogeneity among African American caregivers. Gerontological Society. Los Angeles, CA.
- Rose, M.S., Pruchno, R., Smyer, M.A., Hartman-Stein, P.E., & Henderson-Larabee, D.L. (1995). Assessing the medical decision-making competence of nursing home residents. Gerontological Society. Los Angeles, CA.
- Rose, M.S., Pruchno, R., Patrick, J., & Burant, C. (1995). Recruitment strategies for successful non-random sampling. Gerontological Society. Los Angeles, CA.
- Pruchno, R., Patrick, J., & Burant, C. (1995). Predictors of psychological well-being among mothers of adults with chronic disabilities. Gerontological Society. Los Angeles, CA.
- Pruchno, R. (1995). Knowing about families: Research questions and strategies. Gerontological Society. Los Angeles, CA.
- Patrick, J., Pruchno, R., Rose, M.S., & Burant, C. (1995). Recruitment cost differences for African-American and White respondents. Gerontological Society. Los Angeles, CA.
- Rose, M., Pruchno, R., Patrick, J., & Burant, C. (1994). Recruiting mothers of chronically disabled adults: The "Snowball" strategy. Gerontological Society. Atlanta, GA.
- Pruchno, R., Patrick, J., Burant, C., & Rose, M. (1994). The effect of siblings of developmentally disabled adults on the well-being of aging mothers. Gerontological Society. Atlanta, GA.
- Pruchno, R., Burant, C., & Peters, N. (1994). Caregiving families: How useful are reports from multiple family members. Gerontological Society. Atlanta, GA.
- Peters, N.D., Pruchno, R., & Burant, C. (1994). Impact of caregiving on the marital relationship: Reports from wives and husbands. Gerontological Society. Atlanta, GA.
- Patrick, J., Pruchno, R., Burant, C., & Rose, M. (1994). Predictors of plans for future care among mothers of developmentally disabled adult children. Gerontological Society. Atlanta, GA.
- Burant, C., Pruchno, R., & Peters, N. (1994). Patterns of coping among spouses: Effects on well-being. Gerontological Society. Atlanta, GA.
- Pruchno, R., Burant, C., & Dempsey, N. (1993). Living in a multigenerational household: The elder's perspective. Gerontological Society. New Orleans, LA.
- Pruchno, R. (1993). Grandparent role behavior, meaning and well-being: A theoretical model. American Psychological Association. Toronto, Canada.
- Pruchno, R. (1993). Family mental health: Marital and parent-child consensus as predictors. American Psychological Association. Toronto, Canada.

Dempsey, N., Pruchno, R., & Burant, C. (1993). Predicting mental health of families co-residing with an elder. Gerontological Society. New Orleans, LA.

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Pruchno, R. & Brill, J. (1991). Marital quality of caregiving spouses. Gerontological Society. San Francisco, CA.

Pruchno, R., Moss, M.S., & Schinfeld, S. (1991). Death of an institutionalized parent: Predictors of grief and depression. Gerontological Society. San Francisco, CA.

Dempsey, N. & Pruchno, R. (1991). Filial relationships and institutionalization: Changes across time. Gerontological Society. San Francisco, CA.

Dempsey, N. & Pruchno, R. (1990). The family's role in the nursing home: Emotional effects. Gerontological Society. Boston, MA.

Pruchno, R., Dempsey, N., & Saperstein, A. (1990). Filial visits to nursing homes: Predictors of frequency and satisfaction. Gerontological Society. Boston, MA.

Michaels, J.E. & Pruchno, R. (1990). Coping strategies use by adult children with an institutionalized parent: Mental health effects. Gerontological Society. Boston, MA.

Carder, P., Koropecyk, T., Willson-Stewart, S., Dempsey, N., & Pruchno, R. (1990). Physical environment and perceptions of space: Intergenerational turf wars. Gerontological Society. Boston, MA.

Pruchno, R.A. (1990). Studying caregiving families: Theoretical and methodological challenges. Invited paper presented at "Alzheimer's Disease and Family Stress" workshop, NIMH. Chevy Chase, MD.

Pruchno, R.A. (1989). The effect of help patterns on mental health of spouse caregivers. Gerontological Society. Minneapolis, MN.

Potashnik, S.L., Pruchno, R.A., & Michaels, J.E. (1989). Institutionalization of a spouse: Risk factors. Gerontological Society. Minneapolis, MN.

Brody, E.M., Dempsey, N.P., & Pruchno, R.A. (1989). Sons and daughters of institutionalized aged: Mental health effects. Gerontological Society. Minneapolis, MN.

Pruchno, R.A. & Potashnik, S.L. (1988). Spouse caregivers: Physical and mental health in perspective. Gerontological Society. San Francisco, CA.

Pruchno, R.A. & Resch, N.L. (1988). Aberrant behaviors and Alzheimer's disease: Mental health effects on spouse caregivers. Gerontological Society. San Francisco, CA.

Pruchno, R.A. (1988). Caregiving spouses: Short term stability and change. Gerontological Society. San Francisco, CA.

Pruchno, R.A. (1987). Effects of intrainstitutional relocations (room changes) on behavior, morbidity, and mortality in 508 residents. Gerontological Society. Washington, DC.

Pruchno, R.A. & Resch, N.L. (1987). Intrainstitutional relocation: Mortality effects. Gerontological Society. Washington, DC.

Myers, J. & Pruchno, R.A. (1987). The structure of coping among caregiving spouses. Gerontological Society. Washington, DC.

Potashnik, S.L., Pruchno, R.A., & Resch, N.L. (1987). Socially disruptive behavior and perceived upset: Effects on spouse caregiver depression. Gerontological Society. Washington, DC.

Pruchno, R.A. (1986). Room transfers and mortality rates: Implications for long-term care. Gerontological Society. Chicago, IL.

Pruchno, R.A. (1986). The impact of depression on families of Alzheimer's patients. Paper presented for NIMH Workshop, "Depression in Alzheimer's Disease: Component or Consequence?"

Potashnik, S., Myers, J., & Pruchno, R.A. (1986). Recruiting research respondents: Innovative strategies. Gerontological Society. Chicago, IL.

Pruchno, R.A. & Smyer, M.A. (1985). Therapeutic interventions with adult caregivers. *Paper presented at The Future of Natural Caregiving Networks in Later Life: Policy, Planning, Research, and Intervention.* Buffalo, NY: University of Buffalo.

Pruchno, R.A., Lichtman, M., & Benejam, A.A. (1985). Relocation and mortality rates: New perspectives for care providers. Gerontological Society. New Orleans, LA.

Pruchno, R.A. (1985). Mortality rates revisited: An historic perspective. International Congress of Gerontology, NY, NY.

Gitlin, L.N. & Pruchno, R.A. (1985). Events and networks: Methodological advances. Gerontological Society. New Orleans, LA.

Benejam, A.A. & Pruchno, R.A. (1985). Medical records as research tool: A practical approach to unlocking hidden data. International Congress of Gerontology. New York, NY.

Pruchno, R.A. & Benejam, A.A. (1984). M.O.S.E.S.: A methodological analysis of behavioral observations of institutionalized aged. American Psychological Association. Toronto, CA.

Pruchno, R.A. (1984). The Aging Sherlock Holmes: Nursing-home researcher as detective. Gerontological Society. San Antonio, TX.

Guthrie, M. & Pruchno, R.A. (1984). Caring for our elderly: Ethnic and racial variations. Gerontological Society. San Antonio, TX.

Benejam, A.A. & Pruchno, R.A. (1984). Assessing the environment of institutional elderly: The P.L.E.A.S.E. Scale. Gerontological Society. San Antonio, TX.

Faletti, M.V. & Pruchno, R.A. (1983). Social network change over time: Results from a sample of community aged. Gerontological Society. San Francisco, CA.

Pruchno, R.A. & Faletti, M.V. (1982). Changing demands of residents in a long-term care facility: Implications for health care services. American Psychological Association. Washington, DC.

Pruchno, R.A. & Faletti, M.V. (1982). Building bridges and walking fine lines: The craft of doing research in a long-term care facility. Gerontological Society. Boston, MA.

Fairchild, T.J., Pruchno, R.A., & Kahana, E. (1978). Implications of the exchange theory for understanding the effect of reciprocity among the aged. Gerontological Society. Dallas, TX.

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